



# MEDICAL MINUTE *with* **IDFPR**

Quarterly Newsletter

Illinois Department of Financial and Professional Regulation

**SUMMER 2023**

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## LICENSE RENEWAL UPDATE

In case you missed it, the deadline for physicians to renew their licenses was **extended** from July 31, 2023 to August 31, 2023. Login to your account at <https://online-dfpr.micropact.com/> to complete the process. Please note, you will need to submit proof of your completed continuing education and also pay a late fee.

If you have any questions, please email [fpr.lmu@illinois.gov](mailto:fpr.lmu@illinois.gov) with the subject line “LICENSE RENEWAL ASSISTANCE.”

### Reminder: IDFPR Enforcement Reports Available Online

The Illinois Department of Financial and Professional Regulation publishes a monthly report detailing disciplinary action taken by the Department. Each disciplinary report lists all licensees disciplined by the Department within a given month. Each enforcement action listed includes the name of the disciplined professional, the city where the licensee is registered, the discipline imposed, and a brief description of the reason for the discipline. All monthly disciplinary reports are accurate on the date of issuance or initial date of publication. However, disciplinary actions may be subject to further court orders that may stay, affirm, reverse, remand or otherwise alter Division disciplinary orders.

Enforcement reports may be found on IDFPR’s website here: <https://idfpr.illinois.gov/news/disciplines/discreports.html>

# MEDICATION-ASSISTED RECOVERY (“MAR”) NOW

Increasing treatment access for people with Opioid Use Disorder (“OUD”) with Medication Assisted Recovery (“MAR”) at risk for fatal overdosing continues to be a priority for communities, local, state and, federal government agencies. MAR is an effective treatment and harm reduction intervention for OUD: patients on MAR have a lower risk of fatal overdose than those receiving behavioral therapies alone. MAR NOW connects callers to immediate treatment for opioid use disorder, including telephonic prescription and home induction on buprenorphine or same-day clinic appointments for methadone, buprenorphine, or naltrexone. MAR NOW can also connect patients to withdrawal management and residential treatment.

MAR NOW is accessible through the 24/7 Illinois Helpline for Opioids and Other Substances: (833-234-6343). Callers asking for opioid treatment, 24 hours per day, seven days/week, will be immediately connected to a provider. After induction on MAR, patients with MAR NOW will be referred to community-based care for ongoing treatment and assisted by a MAR NOW Case Manager. MAR NOW can be initiated in the home, hospital, outpatient, and emergency department settings. The Program can serve as a bridge clinic and assist patients with insurance enrollment and connection to other behavioral health supports, as needed.

Check out some answers to some Frequently Asked Questions (“FAQs”) on the following page (page 5).



# IDFPR

Illinois Department of  
Financial and Professional Regulation



## A new service offered by the Illinois Helpline for Opioids and Other Substances

**The Illinois Helpline now offers medication on demand to IL residents seeking opioid use disorder (OUD) treatment.** Medication assisted recovery (MAR) involves the use of FDA-approved medications for treatment of OUD. Now an individual can speak directly with a provider over the phone, immediately receive a prescription or expedited, in-person appointment, and get transportation assistance to the pharmacy or clinic – all initiated through one phone call.

Callers can access MAR NOW 24 hours a day, 7 days a week. Care Managers help callers determine their best treatment options and connect them to a provider for an immediate telephone appointment and medication prescription. Care Managers can also facilitate a same- or next-day, in-person appointment. All callers are connected to ongoing treatment with a community provider that best meets their needs.

### What are the benefits of Medication Assisted Recovery (MAR)?

- MAR decreases illicit opioid use.
- MAR reduces withdrawal symptoms.
- MAR retains patients in treatment longer than those receiving counseling without medication.
- MAR reduces the risk of overdose and death: patients receiving medication as part of their treatment have a 40–80% lowered risk of a fatal overdose compared to those not receiving medication as part of their treatment.

### How does MAR NOW work?

- Callers to the Helpline (833-2FINDHELP/833-234-6343) can ask for MAR NOW, or any form of immediate treatment for opioid use disorder and will be connected to a MAR NOW Care Manager for immediate access to medication and counseling services for OUD, including telephonic prescription and home induction on buprenorphine.
- MAR NOW Care Managers can help callers with transportation to and from treatment and ensure that callers are connected to long-term care.
- MAR NOW operates 24 hours a day.

### Who can access MAR NOW?

Anyone experiencing OUD can access MAR NOW, regardless of ability to pay, insurance status, or documentation. MAR NOW is also available to patients in a hospital setting who are diagnosed with OUD. MAR NOW staff can assist hospital staff with in-hospital buprenorphine induction, or provide other arrangements when buprenorphine induction is not indicated or preferred. MAR NOW staff also offers referral information to outpatient care that supports recovery efforts post-discharge.

MAR NOW is a service of the Illinois Department of Human Services Division of Substance Use Prevention and Recovery, in collaboration with the Illinois Helpline for Opioids and Other Substances, the only statewide, public resource for finding substance use treatment, recover, and harm reduction services in Illinois. Trained Helpline Specialists answer questions, provide support, and guide callers to the service options best for them. Helpline services are free, confidential, and available 24 hours a day, 7 days a week.





# THE DOS AND DON'TS OF MED SPAS



A recent American Med Spa Association survey shows medical aesthetics has grown into a \$15 billion industry that employs 70,000 people. While the exact number of medical spas is not tracked, the American Med Spa Association estimates in 2022, there are 8,841 medical spas, an increase from 7,430 in 2021 and 5,431 in 2018 in the United States.

The procedures and services offered at medical spas include massages, skin treatments such as microdermabrasion, chemical peels, fillers/injectables, facials, laser procedures for wrinkles, tattoo removal, scar/cellulite minimization, radio frequency treatments, and hair removal. Some offer cosmetic surgery procedures such as liposuction and face lifts.

Medical spas are often led by physician/advance practice registered nurse (“APRN”) with full practice authority directors. Medical spa staff members also come from varied backgrounds including advance practice nurses, physician assistants, registered nurses, medical assistants, aestheticians, and cosmetologists. Determining the distinction between medical and non-medical treatments is perhaps the defining issue of the medical aesthetic industry. The Illinois Department of Financial and Professional Regulation, Division of Professional Regulation, frequently receives inquiries regarding whether certain procedures can be performed by a cosmetologist or an esthetician within the scope of their licensure. The following procedures constitute the practice of medicine and are not within the scope of practice of a cosmetologist or an esthetician:

<https://idfpr.illinois.gov/content/dam/soi/en/web/idfpr/forms/dpr/bcentprocedures10142016.pdf?subject=>

Procedures involving a laser classified by the Food and Drug Administration (“FDA”) as a medical device must be performed by a licensed physician/APRN with full practice authority. The physician/APRN with full practice authority must examine the patient and determine an appropriate course of treatment before any laser procedures are performed. The physician/APRN with full practice authority may delegate the performance of laser procedures to a person who is functioning as an assistant to the licensed physician/APRN with full practice authority.

# IDFPR MEETS WITH FSMB LEADERSHIP

IDFPR was proud to welcome the leadership of the Federation of State Medical Boards (“FSMB”) to our Chicago office on August 16. President/CEO Dr. Humayun “Hank” Chaudhry and Board of Directors Chairman Dr. Jeffrey D. Carter presented to the Illinois State Medical Board and provided updates in the medical regulation space.

FSMB represents the state medical and osteopathic regulatory boards – commonly referred to as state medical boards – within the United States, its territories and the District of Columbia. It supports its member boards as they fulfill their mandate of protecting the public’s health, safety, and welfare through the proper licensing, disciplining, and regulation of physicians and, in most jurisdictions, other health care professionals.



## CONTACT US

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### Complaint Intake Unit:

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### Professional Licensing:

1-800-560-6420

### TTY Line:

866-325-4949

[www.idfpr.com/DPR.asp](http://www.idfpr.com/DPR.asp)



State of Illinois

Illinois Department of Financial and Professional Regulation