



MEDICAL MINUTE *with* **IDFPR**

Quarterly Newsletter

Illinois Department of Financial and Professional Regulation

WINTER 2024

UPDATED OPIOID GUIDELINES PUBLISHED

Page 3

ALSO INSIDE: NEW MEDICAL BOARD LEADERSHIP

Page 4

PHYSICIAN ASSISTANT RENEWAL

Page 6



CONTENTS

UPDATED OPIOID GUIDELINES PUBLISHED

3

**NEW YEAR'S GREETINGS FROM THE NEW
MEDICAL BOARD LEADERSHIP**

4

PHYSICIAN ASSISTANT RENEWAL

6

**CHIROPRACTIC MEDICINE IMPORTANCE
AND BENEFITS**

7

**FEBRUARY MARKS NATIONAL WOMEN
PHYSICIANS DAY**

8



UPDATED OPIOID GUIDELINES PUBLISHED

The American Society of Interventional Pain Physicians has published comprehensive, evidence-based, consensus guidelines for prescribing opioids in chronic non-cancer pain. They offer a detailed analysis of opioid prescribing practices, including risks, benefits, and recommendations for clinicians.

The guidelines emphasize a systematic review of clinical and epidemiological evidence and involve a multidisciplinary panel of experts. Key areas covered include initial steps in opioid therapy, assessment of effectiveness, monitoring adherence and side effects, and final phase recommendations.

The document also discusses the limitations and challenges in the current understanding and application of opioid therapy for chronic non-cancer pain. This guideline is very similar to the CDC opioid prescribing guidelines (2022), with some notable differences in key recommendations: ASIPP does not mention naloxone co-prescribing, ASIPP does not mention referral for OUD when suspected, ASIPP does not mention benzodiazepine co-prescribing, and ASIPP does specifically mention the importance of a bowel regimen.

Find the guidelines here: <https://www.ilpmp.org/CDC/2023ASIPPGuidelines.pdf>

NEW YEAR'S GREETINGS FROM THE NEW MEDICAL BOARD LEADERSHIP



A very Happy New Year to everyone! With the new year means there will be new leadership for the Illinois State Medical Board. Sreenivas Reddy, M.D. will serve as Chair of the Board, while Douglas Matzner, D.C., will serve as Vice Chair. Learn more about both of them below!

IDFPR sincerely thanks the departing Chair of the Illinois State Medical Board, Maria LaPorta, M.D., for her service as chair! She will continue to serve as a member of the Board.

Introducing Sreenivas Reddy, MD

Dr. Sreenivas Reddy has been licensed in Illinois since 1998. He is a Vascular Interventional Radiologist and founder president of Vein and Vascular Centers in Hinsdale. Dr. Reddy completed a residency in Diagnostic Radiology followed by fellowship training in Vascular Interventional Radiology at Rush-Presbyterian St. Luke's Medical Center in Chicago. He is board-certified in both Diagnostic Radiology and Vascular Interventional Radiology by the American Board of Radiology.

His past experience involved academic affiliations such as Northwestern Medicine-Delnor Hospital and adjunct Assistant Professor in the Department of Radiology at the Indiana University School of Medicine. He has extensive training in arterial, venous interventions and Uterine Fibroid Embolizations. Dr. Reddy has been a leader of organized medicine in Illinois for several years. He is currently a trustee of the Chicago Medical Society, Board of Directors of Independent Physicians & Providers of Illinois, and the immediate past President of the American Association of Radiologists of Indian Origin and the Indian American Medical Association. He was the recipient of leadership awards from esteemed organizations, including the "Outstanding Leadership Award" from the Honorable Congressman Danny K. Davis (2018). He was also the 2017 Distinguished Physician of the Year Awardee at Northwestern Medicine-Delnor Hospital.



Appointed to the Illinois State Medical Board by Governor Pritzker in 2019. Dr. Reddy has served the board in several capacities, including as chair of the State Medical Disciplinary Board and Vice-Chair of the State Medical Board. In addition to his medical practice and roles with the board, Dr. Reddy serves on the White House Historical Association as a National Council Member and Member of the Board of Directors of the Cook County Health Foundation. Dr. Reddy humbly serves his community and constantly supports the efforts of leaders to develop solutions for multitude of issues within the inner city of Chicago. He holds active medical licenses in two (2) states, including Indiana.

Introducing Douglas Matzner, D.C.

Dr. Douglas Matzner has been licensed in Illinois since 1982. He was the owner of Matzner Clinic of Chiropractic Medicine and president of Jumpstart Management, Inc. Dr. Matzner graduated from National University of Health Sciences (formerly the National College of Chiropractic) in 1981. He is board-certified in chiropractic medicine and earned fellowship status in the International Academy of Clinical Acupuncture.

During his clinical career Dr. Matzner provided manipulation and acupuncture services, as well as nutritional consultations, a weight loss program, and corporate wellness and workplace evaluation programs. He has extensive training in whiplash-associated disorders and has been called upon as an expert witness in numerous personal injury and malpractice lawsuits. He was selected as the Illinois Chiropractic Physician of the Year in 2010 and was a member of the Board of Directors of the Illinois Chiropractic Society from 1991 through 2006, serving as its president from 2003 to 2004. From 2014 through 2023 Dr. Matzner was a member of Ideal Protein's Medical Advisory Board.



Dr. Matzner was appointed to the Illinois Medical Licensing Board by Governor Pat Quinn in 2014, serving as its Chair in 2021; and to the Illinois State Medical Board by Governor JB Pritzker in 2022. Since that time, Dr. Matzner has served as a member of the advisory committee, as a reviewer for the Complaint Committee, and as Vice-Chair. In addition to his roles on the Board, Dr. Matzner serves as an examiner for Part IV of the examination of the National Board of Chiropractic Examiners, the equivalent of the USMLE Step 2 CS. He actively participates in the development of assessments for chiropractic pre-licensure.



PHYSICIAN ASSISTANT RENEWAL

Physician Assistants, remember: you have until the end of the day February 29, 2024 to renew your license! You can still renew your license after that date, but your license expires March 1 and you will be required to pay a late fee. Beat the last-minute rush by renewing as soon as possible on IDFPR's website here: <https://online-dfpr.micropact.com/>.

Requirements for renewing your license include:

- Fifty (50) hours of Continuing Education in accordance with the PA CE Rules which include:
 - A minimum of 25 hours of Category 1 CEs as determined by the National Commission on Certification of Physician Assistants; and
 - 25 credit hours of required CEs can be Category 1, Category 2 or a combination of both.
- One (1) hour of Implicit Bias Training, as required under 20 ILCS 2105/2105-15.7.
- One (1) hour of Sexual Harassment Prevention Training, as required under 20 ILCS 2105/2105-15.5.
- One (1) hour of Cultural Competency Training, as required under 20 ILCS 2105/2105-370.
- If applicable, Mandatory Reporter Training as required under 325 ILCS 5/4.
- If given prescriptive authority, three (3) hours of Opioid Training as required under 720 ILCS 570/315.5.
- If applicable, one (1) hour Alzheimer's/Dementia training as required under 20 ILCS 2105/2105-365.



CHIROPRACTIC MEDICINE IMPORTANCE AND BENEFITS

Licensed under the Medical Practice Act of 1987, Doctor of Chiropractic (DC's) are trained to assess, diagnose, and treat musculoskeletal and nervous system disorders and related effects on overall health. While chiropractors see a wide variety of healthcare issues, they commonly treat spinal conditions, extremity disorders, musculoskeletal pain, and headaches, as well as many other conditions, often using a “whole person” methodology.

Chiropractic physicians receive extensive training in anatomy, physiology, neurology, biomechanics, differential diagnosis, manual therapies, and radiology, among others. The minimum educational requirements include a bachelor's degree plus 4 year accredited graduate school program (4,200+ hours of classroom, laboratory, and clinical internship) with the average equivalent in classroom hours on par with allopathic and osteopathic schools. Four national board exams are required for licensure. DC's can continue studies to specialize and achieve board certification (diplomate) degrees in orthopedics, sports medicine, pediatrics, radiology, nutrition, acupuncture, and others.

As non-surgical/non-pharmacological physicians, DC's often order/perform testing such as imaging, diagnostic and laboratory testing necessary for proper diagnosis but do not have prescribing rights. Treatment is focused on a wide array of conservative, evidence-based techniques such as chiropractic manipulation (CMT), advanced manual therapies, physical rehabilitation, modalities, nutritional/dietary counseling, functional medicine, etc. And DC's often coordinate patient care with other physicians in a comprehensive, best practices approach.

Widely researched, studies suggest chiropractic patients have reduced surgery rates, good clinical outcomes, high patient-satisfaction/cost-effectiveness scores and a significant reduction in opioid prescription/usage among many other benefits. And, because chiropractic is safe and effective healthcare, services are covered by insurance plans and federal health delivery systems such as Medicare, Medicaid, Veteran's Affairs, Federal and Workers Compensation programs.

Chiropractic scope of practice is, indeed, broad and can be an essential part of a patient's conservative care.

For more information on outcomes and consolidated research can be found at <https://chiroup.com/copssynopsis2021>



FEBRUARY MARKS NATIONAL WOMEN PHYSICIANS DAY

National Women Physicians Day is a celebration that honors the remarkable contributions of women in the field of medicine and recognizes the challenges they have overcome to make significant strides in healthcare. Celebrated on February 3, National Women Physicians Day commemorates the birthday of Dr. Elizabeth Blackwell, who, in 1849, became the first woman to receive a medical degree in the United States. This day serves as a poignant reminder of the pioneering spirit and resilience displayed by women in medicine throughout history, paving the way for future generations of female physicians. We honor our women physician trailblazers and celebrate all the women in who are paving the way for future generations.



IDFPR

Illinois Department of Financial and Professional Regulation

CONTACT US

Licensing and Testing

320 West Washington Street
3rd Floor
Springfield, Illinois 62786

General Assistance:

1-888-473-4858

Enforcement, Complaints, and Investigations

555 West Monroe Street
5th Floor
Chicago, Illinois 60661

Complaint Intake Unit:

312-814-6910

Professional Licensing:

1-800-560-6420

TTY Line:

866-325-4949

<https://idfpr.illinois.gov/dpr.html>



State of Illinois

Illinois Department of Financial and Professional Regulation